



Western Norway
University of
Applied Sciences

Master in Healthy Ageing and Rehabilitation (MARE)

WELCOME

MARE open meeting

3 February 2022

n | Western Norway University of Applied Sciences



Itinerary

- › Welcome and introduction
- › Information about the Master in Healthy Ageing and Rehabilitation program
- › Information about admission process and deadlines
- › Q&A
 - › Use chat to post your questions



**Global population is
ageing.**



Global population is ageing.



Well trained health and rehabilitation workforce is required to foster healthy ageing and improve the lives of older people around the world.

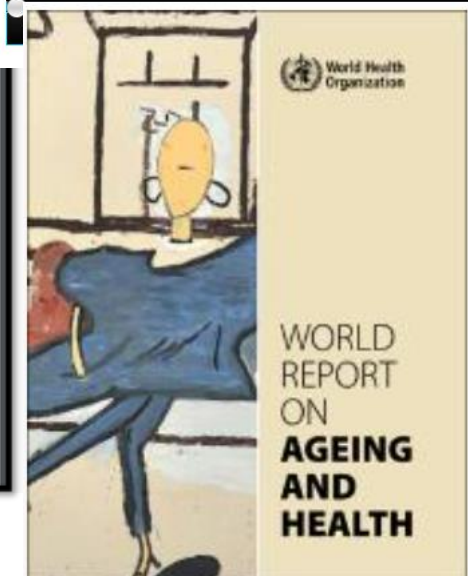
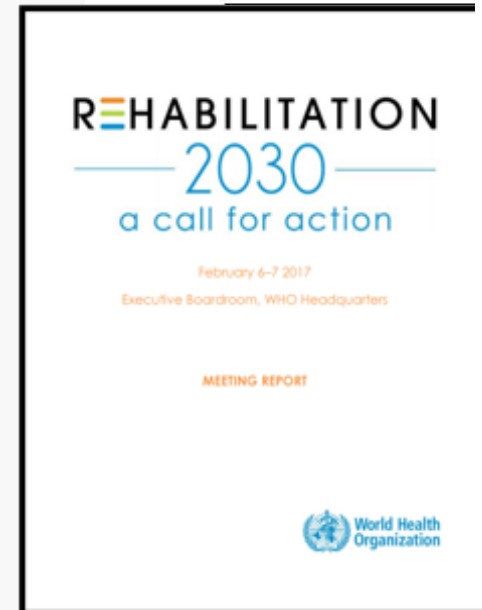
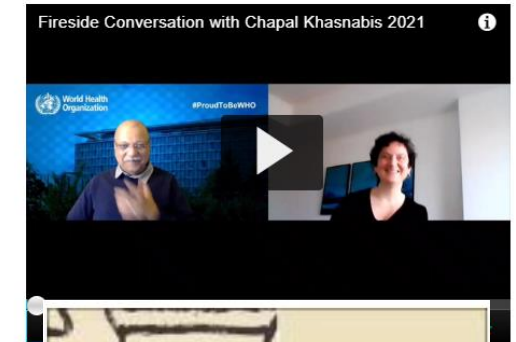


Well trained health and rehabilitation workforce is required to foster healthy ageing and improve the lives of older people around the world.

Master in Healthy Ageing and Rehabilitation (MARE) Program

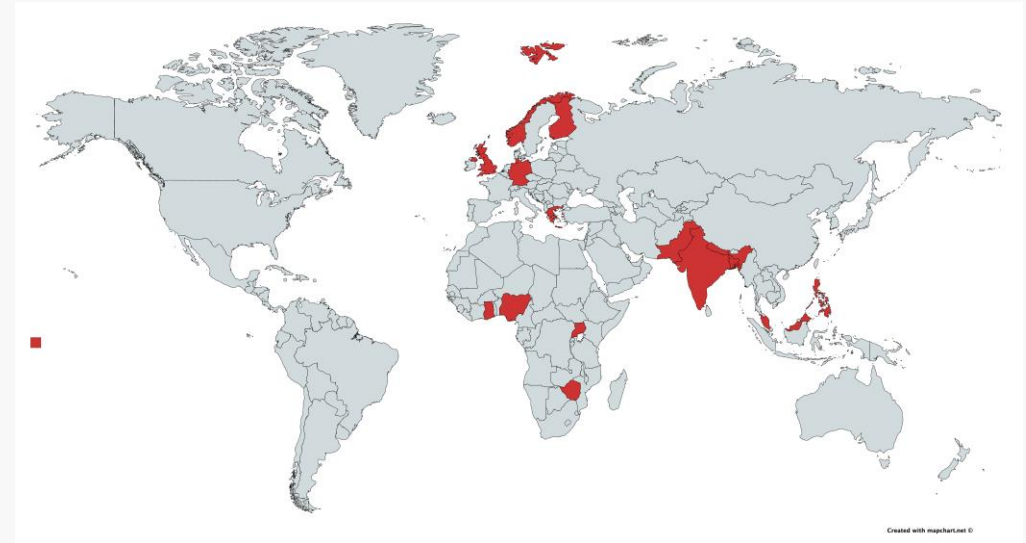
- › Global perspectives (selection of topics, strategic alignments and learning resources)
- › Global health, rehabilitation and ageing issues
- › Students' perspectives and contributions
- › Guest speakers
- › English

- interview with Dr. Alarcos Cieza

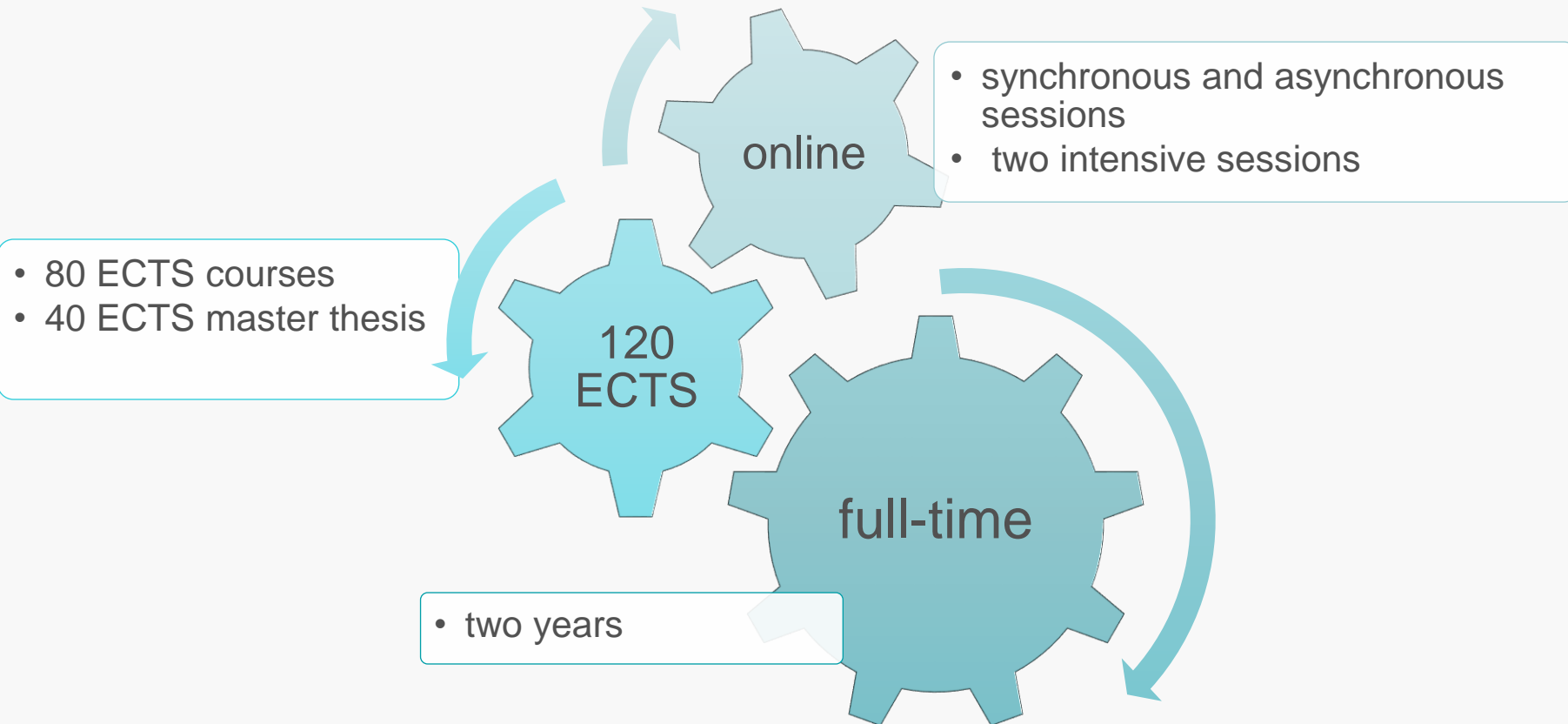


MARE Students

- › Interprofessional:
 - › Physiotherapy, CBR, occupational therapy, nursing, dentistry, medicine, psychology, social work, public health, social education, prosthetics and orthotics
- › International:
 - › Admitting students from all over the world



MARE Program



MARE Program

- › Full-time two-year program
 - › 40 hours a week
 - › online
 - › flexible
- › Cohort based
 - › students progress together through the program
 - › students take two courses per semester in sequence
- › Intakes are every second year

The screenshot displays a user dashboard for the MARE program. On the left is a dark sidebar with navigation icons and labels: Account, Dashboard, Courses, Calendar, Inbox, HVL-hjelp, Commore, Nyttige lenker, and Eksamenstips. The main area is titled 'Dashboard' and contains a grid of nine course cards. Each card features a representative image, a course title with a link, and icons for sharing and saving.

Course Title	Image Description
MARE Introduction	Group of elderly people smiling
MARE510 Healthy Ageing; Theoret...	Group of elderly people smiling
MARE520 Rehabilitation: Theoret...	Rehabilitation signpost
MARE530 Leadership in Rehabilit...	People shaking hands
MAMET 500 - Healthy Ageing and ...	Hand holding a heart
MARE540 - Active and Assisted Li...	Person in a wheelchair
MARE550 - Ageing and Interprofe...	Hands holding a red flower
MARE560 - Independent Study Co...	Books and a pen
MARE570 - Master's Thesis	Green geometric pattern

MARE Program (120 ECTS)

5 mandatory courses (70 ECTS)

- 4 courses are 15 ECTS each and 9 or 10 weeks long
- 1 course is 10 ECTS and 6 weeks long

1 elective course (10 ECTS)

- 6 weeks long

Master thesis (40 ECTS)

- Starting in at the beginning of the 2nd year

MARE Program Overview

Course	ECTS
MARE510 Healthy Ageing: Theoretical foundation	15 ECTS
MARE520 Rehabilitation: Theoretical foundation	15 ECTS
MARE530 Leadership in rehabilitation	15 ECTS
MAMET500 Theory of science, ethics and research methods	15 ECTS
MARE540 Active and assisted living	10 ECTS
<i>MARE550 Ageing and interprofessional and intersectoral collaboration</i>	10 ECTS
<i>MARE560 Independent study</i>	10 ECTS
MARE570 Master's thesis	40 ECTS

Program structure 2022-2024

Revised programme structure and content, 21 January 2022

		MARE Programme 2022-2024																																									
Year 1		August 15, 2022 – December 16, 2022										January 2, 2023 – May 26, 2023																															
		Semester 1										Semester 2																															
Week		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
MARE Introduction	On-line																																										
MARE 510																																											
MARE 520																																											
MARE 530																																											
MAMET 500																																											
Year 2		August 14, 2023 – December 15, 2023										January 2, 2024 – May 24, 2024																															
		Semester 3										Semester 4																															
Week		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21			
MARE 540																																											
MARE 550																																											
MARE560																																											
MARE 570	On campus																																										

Notes:

MARE Introduction: Orientation to the Program (see note below on Week 0)

MARE510 Healthy Ageing: Theoretical Foundation, MARE520 Rehabilitation: Theoretical Foundation, MARE530 Leadership in Rehabilitation, MAMET500 Philosophy of Science, Ethics and Research Methods, MARE540 Active and Assisted Living, MARE550 Ageing and Interprofessional and Intersectoral Collaboration, MARE560 Independent Study, MARE570 Master`s Thesis.

Week 0 starts online on August 8, 2022 prior to the beginning of the academic year on August 15, 2022. It is an introductory week in the first year of the program to orient students to the program, learning environment and resources at HVL to support their learning.

* = University closed for statutory holidays in Norway

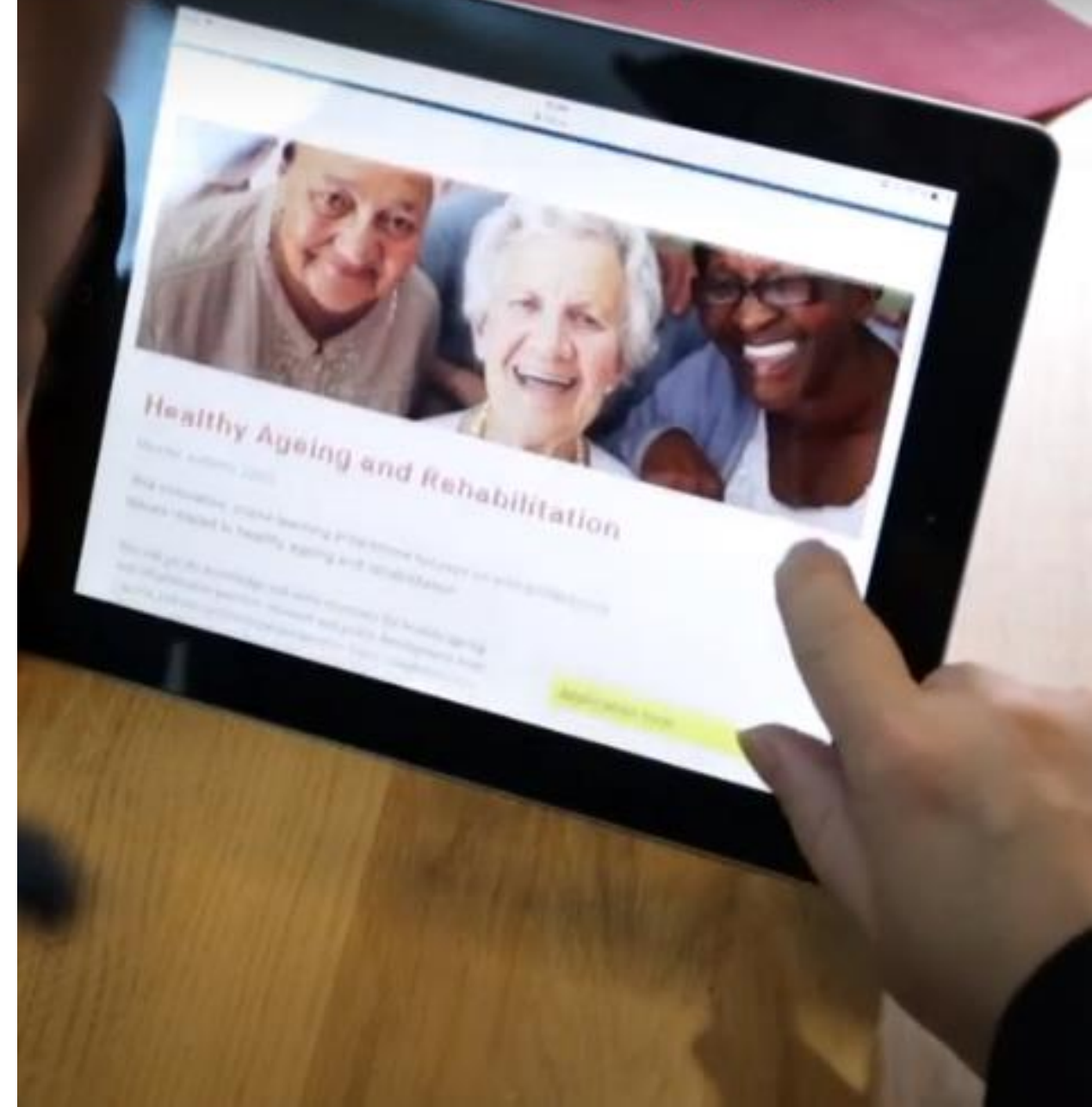


How does studying online look like?

—

**FLEXIBILITY, INDEPENDENCE,
COLLABORATION**

ation | Western Norway University of Applied Science





Account

Dashboard



Dashboard



Courses



Calendar



Inbox



HVL-hjelp



Commons



Nyttige lenker



Eksamenstips



[MARE Introduction](#)
[MARE Introduction](#)



[MARE510 Healthy Ageing: Theoret...](#)
[MARE510](#)



[MARE520 Rehabilitation: Theoret...](#)
[MARE520](#)



[MARE530 Leadership in Rehabil...](#)
[MARE530](#)
[2018 HØST](#)



[MAMET 500 - Healthy Ageing and...](#)
[MAMET 500 - Healthy Ageing...](#)



[MARE540 - Active Ageing](#)
[MARE540 - pre](#)



1 Understanding Leadership + ✓

- 1.1 Overview: Understanding Leadership ✓
- 1.2 Exploration ✓
- 1.3 Engagement and Course Requirements ✓

2 Leadership Approaches + ✓

- 2.1 Overview: Leadership Approaches ✓
- 2.2 Exploration ✓
- 2.3 Engagement and Course Requirements ✓



[MARE550 - Ageing and Interprofe...](#)
[MARE550 - preliminary](#)



[MARE560 - Independent Study Co...](#)
[MARE560 - preliminary](#)



[MARE570 - Master's Thesis](#)
[MARE570 - preliminary](#)



Synchronous and asynchronous sessions



Module 8 Discussion

Oct 30, 2020 at 8:59am

50 / 50

[All Sections](#)

Write a post on interprofessional collaboration in health sector in your practice (about 150-200 words). Are any services provided by interprofessional teams? Who are the team members? Describe their relationship and how they communicate. If there are no interprofessional collaboration, comment on the reasons for that. Debate pros and cons of interprofessional collaboration in rehabilitation.

If you do not have experience of working interprofessionally discuss pros and cons of interprofessional collaboration in relation to the article of Johansson, Eklund and Gosman-Hederstom (2010) *Multidisciplinary team, working with elderly persons living in the community: a systematic literature review*.

Initiate your 150-200 word post, then review posts by your colleagues and write a response to one post comparing and contrasting interprofessional collaboration in different countries.

Search entries or author

Unread



✓ Subscribe

← Reply

o



Whilst working in home care, I had a relatively young patient who suffered from MS. Because we who were working in home care did not feel that the patient received the best possible care, and was worried about the lack of plans for the patient, an interprofessional team was designed around them.

This team consisted of the primary care nurse, the manager of the home care district, a physiotherapist, an occupational therapist, the patient's GP, their next to kin, and the patient. The team would schedule meetings semi-annually, and the meetings would be held at the patient's house with everyone present. Additionally, we would all stay in touch by phone or electronic messaging systems to consecutively tackle challenges as they arose.

Requirements and exams

- › Active learning approach that combines
 - › Independent, self-directed learning
 - › Virtual teamwork across professions, countries, time zones
- › Students must complete course requirements to take exams
- › Exams are mostly individual, written exams
- › Grading system:
 - › Grade based: Passing grades are A-E, F is failing grade
 - › Pass/fail basis



Global perspectives

curriculum, faculty, students



Global expertise

—
**high quality, student-centred
globally oriented Norwegian
program in English**



Djenana Jalovcic



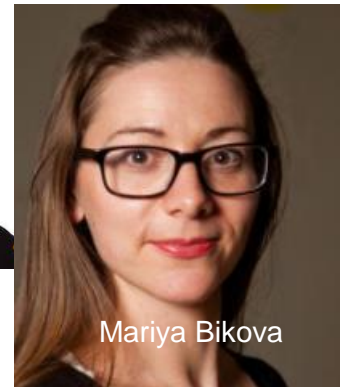
Mike Landry



Graziella Van den Bergh



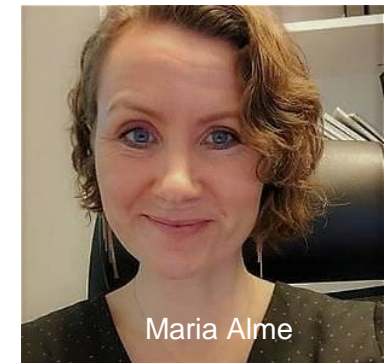
Kari Hjelle



Mariya Bikova



Hanne Tuntland



Maria Alme

Flexible

study anywhere, anytime



Affordable

**no tuition fee, higher
education is funded by the
Government of Norway**



Open now

**for applications
from citizens of
EU/European Economic
Area until 1 March 2022**



Admission requirements for the program

- › Relevant bachelor degrees, equivalent to 180 ECTS in relevant health and social professionals such as:
 - › physiotherapists,
 - › occupational therapists
 - › nurses,
 - › orthotic and prosthetics engineers,
 - › medical doctor,
 - › social workers, social educators and speech therapists with bachelor in public health or community-based rehabilitation.
- › The grade point average of the degree must be equal to a C or better from the Norwegian system.
- › See our information page about the program here: <https://www.hvl.no/en/studies-at-hvl/study-programmes/healthy-ageing-and-rehabilitation/>

Required documents

- › Your CV including educational background.
- › Secondary School certificate/High School Diploma and transcripts
- › Final University degree certificate or diploma with a grading scale. We do not accept provisional certificates.
- › Transcript of records (an official statement listing courses/subjects completed at university).
- › Copy of your passport or picture ID including full name, date of birth and gender.
- › Documentation of English language proficiency. We do not accept letters of proficiency from Universities. [For more information please see our page about the English requirements.](#)
- › Letter of motivation (optional)

Important deadlines

> When can you apply:

The application portal is open for citizens from the EU/EEA from **February 1st 2022**.

Application deadline:

March 1st 2022 for citizens from the EU/EEA.

All supporting documents (including proof of English proficiency) must also be uploaded within the application deadline.

**The application deadline for citizens outside the EU/EEA was December 1st 2021, and admission for this group is now closed.

How to apply:

You apply via our digital application portal Søknadsweb, and you find the application form here: <https://www.hvl.no/en/studies-at-hvl/study-programmes/healthy-ageing-and-rehabilitation/>

Questions about admission?

Check our information page <https://www.hvl.no/en/studies-at-hvl/admission/>

Contact the admission office via our email: admission@hvl.no

Q&A

Use chat to ask questions



Contact us

- › MARE Program
 - › Djenana Jalovcic, Program Coordinator at jadj@hvl.no
 - › Maria Nordheim Alme, Head of Section at maria.nordheim.alme@hvl.no
- › Admissions at admission@hvl.no

We hope to see you
in our program.

Visit our webpage and start
your application today:

<https://www.hvl.no/en/studies-at-hvl/study-programmes/healthy-ageing-and-rehabilitation/>





<https://www.hvl.no/en/studies-at-hvl/admission/masters-programmes/>